

Media Report 08 JULY 2022

This weeks media reports will cover and answer great questions veterans are still asking and local Media Articles and An illness or injury can have an impact on your ability to adjust to life after service. We all need healthcare services. The Treatment benefits program provides coverage for a variety of benefits and services to help you get—and stay healthy.

Did you suffer an injury or illness related to your military or RCMP service?

Veterans Affairs Canada (VAC) provides disability benefits and pensions to eligible veterans and civilians.

What is a disability benefit?

Disability benefits are financial payments for those with a service-related disability. To receive a disability benefit you must have a diagnosed medical condition or disability and be able to show that it's related to your service.

Depending on the circumstances, two different types of benefits are available: a disability pension and a disability award.

What is a disability pension?

A disability pension provides monthly tax-free payments to the following groups of people:

- War Service veterans (including Merchant Navy veterans) of the Second World War or the Korean War
- Civilians who served in close support of the Armed Forces during wartime
- Current and former members of the RCMP
- Current and former members of the Canadian Armed Forces (CAF) who applied before April 1, 2006

What is a disability award?

The disability award provides injured CAF members or veterans with a tax-free award for an injury or illness resulting from military service.

You can apply for a disability award if you meet these two conditions:

- you are a CAF member or veteran who served after April 1, 1947, other than in the Korean War
- you have a service-related injury or disease or a non-service-related injury or disease that was aggravated by service

How much do I get for a disability pension or award?

The [amount of the pension or award](#) depends on:

- the degree to which your disability is related to your service (entitlement)
- the extent of your disability (assessment)

Your rank or years of military service have no connection to the amount you may receive.

Benefits can also be awarded to the surviving spouse, common-law partner or other qualified dependents of the CAF member or veteran.

How can I apply?

For help preparing and submitting a disability benefit application:

- Contact VAC by visiting the [VAC website](#) or calling toll-free at 1-866-522-2122 (English) or 1-866-522-2022 (French).
- Locate your closest Royal Canadian Legion Command Service Officer by consulting the [Legion website](#) or calling toll-free at 1-877-534-4666.

Can I receive any other benefits and services?

People who receive benefits under these programs may also be eligible for other [financial](#) or [health and well-being](#) benefits from VAC. Contact [VAC](#) for more information.

Rates

Effective from: 1 January 2022

Attendance Allowance

Grade	Amount
1	\$1,998.03
2	\$1,798.32
3	\$1,198.86
4	\$799.30
5	\$319.79

[Read More about the Attendance Allowance...](#)

Caregiver Recognition Benefit

A monthly payment increased annually by the Consumer Price Index. The current payment is \$1,083.40 per month.

[Read more about the Caregiver Recognition Benefit...](#)

Veterans Independence Program

This [PDF chart](#) shows the maximum VIP amounts.

[Read more about the Veterans Independence Program...](#)

Clothing Allowance

Grade	Amount
1	\$226.41
2	\$181.09
3	\$135.86
4	\$90.53
5	\$80.44
6	\$65.39
7	\$60.35
8	\$50.26
9	\$40.27
10	\$25.10

The Clothing Allowance is provided if you are receiving a disability benefit for a condition that causes wear and tear on your clothing or requires you to wear specially-made clothing.

Pain and Suffering Compensation

Extent of disability (%)	Monthly benefit	Lump sum amount
5	\$60.84	\$19,793.71
20	\$243.34	\$79,174.84
40	\$486.68	\$158,349.67
60	\$730.03	\$237,524.51
80	\$973.37	\$316,699.34
100	\$1,216.71	\$395,874.18

View the complete [Pain and suffering compensation rate table](#).

Read more about [Disability benefits...](#)

Income Replacement Benefit

This income replacement provides 90% of your gross pre-release military salary while you are participating in Rehabilitation services. This ensures a pre-tax income of at least \$51,419.23 per year.

[Read more about the Income Replacement Benefit...](#)

Canadian Forces Income Support

	Maximum per month			
Veteran or Survivor	Veteran with Spouse/Partner	Additional amount for each dependent child	Orphan child	
\$1,748.52	\$2,605.77	\$387.69	\$831.01	

[Read more about the Canadian Forces Income Support...](#)

War Veterans Allowance

	Maximum per month				
Veteran or Survivor	Veteran or Survivor (blind)	Veteran with Spouse/Partner	Veteran with Spouse/Partner (both blind)	Additional amount for each dependent child	Orphan child
\$1,748.52	\$1,813.46	\$2,605.76	\$2,670.49	\$277.34	\$831.01

Important note to Veterans and qualified civilians:

If you had wartime service and your income is higher than the maximum level because you or your spouse/common-law partner receive OAS benefits, in certain cases, you may qualify for [treatment benefits](#).

[Read more about the War Veterans Allowance...](#)

Disability Pension

Class	Monthly Rate		Additional Monthly Amounts		
	Single	Spouse	One Child	Second Child	Each Other Child
1	\$3,019.53	\$754.88	\$392.54	\$286.85	\$226.46
5	\$2,415.62	\$603.91	\$314.03	\$229.48	\$181.17
10	\$1,660.74	\$415.19	\$215.90	\$157.77	\$124.56
15	\$905.86	\$226.47	\$117.76	\$86.06	\$67.94
20	\$150.98	\$37.75	\$19.63	\$14.34	\$11.32

[Read more about the Disability Pension...](#)

[View the complete Disability Pension rate tables](#)

Exceptional Incapacity Allowance

Grade	Amount
1	\$1,598.45
2	\$1,332.01
3	\$1,065.62
4	\$799.30
5	\$532.84

[Read more about the Exceptional Incapacity Allowance...](#)

Additional Pain and Suffering Compensation

Grade Monthly amount

1	\$1,587.02
2	\$1,058.01
3	\$529.01

[Read more about the Additional Pain and Suffering Compensation...](#)

Critical Injury Benefit

The Critical Injury Benefit is a \$78,989.83 tax-free lump-sum award to address the immediate impacts of the most severe and traumatic service-related injuries or diseases sustained by Canadian Armed Forces members.

[Read more about the Critical Injury Benefit...](#)

Death Benefit

The death benefit is a one-time, tax-free amount of \$395,874.18 paid to a spouse or common-law partner and any dependent children if a CAF member dies while in service.

[Read more about this assistance...](#)

Education Training Benefit

This program offers funding for college, university, technical education or short-term programs.

Years of Service (authorized paid days)	Maximum Amount
6 years	\$43,335.98
12 years	\$86,671.95

You can use \$5,416.99 of this benefit to participate in one-time courses aimed at certification, professional designations, or professional development.

[Read more about the Education Training Benefit...](#)

IN THE MEDIA

[NATO to boost forces to 300,000+ in clear message to Russia](#)

[Justin Trudeau à l'OTAN : des fissures dans l'Alliance atlantique](#)

[No. 2 Construction Battalion awarded 'France and Flanders, 1917-1918' Battle Honour / Black Battalion to be perpetuated by 4 ESR](#)

[Military exercise in Morinville planned this fall](#)

[Nouvelle aide financière canadienne à l'Ukraine annoncée par Justin Trudeau](#)

[Government MPs vote down attempt to create Victoria Cross review board](#)

[History's mythstories — The D-Day invasion](#)

[Un ex-chef militaire canadien à la tête de la défense territoriale ukrainienne](#)

[Plympton-Wyoming Museum exhibit sheds light on Canada's infamous Dieppe Raid](#)

[Ukraine's bomb disposal experts, and the surprisingly low-tech methods they make their cities safe](#)

STAY IN TOUCH WITH THESE CF NEWSPAPERS

Base/Wing — Newspaper

14 Wing Greenwood — [The Aurora](#)

22 Wing North Bay — [The Shield](#)

4 Wing Cold Lake — [The Courier](#)

CFB Esquimalt — [The Lookout](#)

CFSU Ottawa — [The Guard](#)

CFB Shilo — [The Shilo Stag](#)

19 Wing Comox — [The Totem Times](#)

8 Wing Trenton — [The Contact](#)

CFB Petawawa — [The Petawawa Post](#)

Base Gagetown — [Gagetown Gazette](#)

17 Wing Winnipeg — [The Voxair](#)

CFB Halifax — [The Trident](#)

CFB Edmonton — [The Western Sentinel](#)

CFB Valcartier — [The Adsum](#)

CFB Kingston — [Garrison News](#)

CFB St Jean — [The Servir](#)

3 Wing Bagotville — [The Vortex](#)

CFB Borden — [The Citizen](#)