

Media Report 01 DEC 2023

This weeks media reports will cover and answer great questions veterans are still asking and local Media Articles and An illness or injury can have an impact on your ability to adjust to life after service. We all need healthcare services. The Treatment benefits program provides coverage for a variety of benefits and services to help you get—and stay healthy

Below is a link to a series of books published by the Government of Canada about the Canadian Army in Afghanistan. Please feel free to share with your many coctacts.

The War in Afghanistan is unlike any conflict that Canada has ever been involved in. The duration of the war generated continual stresses on the Army and put soldiers, units, and leaders at all levels to the test. After the removal of the Taliban Regime, Kabul had to be stabilized to prevent a new civil war. When the revived insurgency set its sights on Kandahar and the OEF and ISAF coalitions were confronted with a sophisticated and amorphous insurgency, the Canadian Army was forced to adapt to new and different types of operations continuously from 2001 to 2014.

The Canadian Army in Afghanistan is the first narrative to lay out what happened and why. This complex story depicts the evolution of the forces in-theatre and how they carried out their missions in pursuit of national and coalition objectives from the dark days of the 9-11 attacks to the suppression of the insurgency in Kandahar Province in 2011.

[The Canadian Army in Afghanistan - Canada.ca](#)

Intranet: <http://intranet.mil.ca/en/organizations/vcds/conflict-management.page>

Internet: Canada.ca/forces-conflict-management

The Disclaimer tells us all a sad story about Army Leadership today!

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Rates

Effective from: 1 July 2023

Attendance Allowance

Grade	Amount
1	\$2,127.90
2	\$1,915.21
3	\$1,276.79
4	\$851.25
5	\$340.58

[Read More about the Attendance Allowance...](#)

Caregiver Recognition Benefit

A monthly payment increased annually by the Consumer Price Index. The current payment is \$1,154.90 per month.

[Read more about the Caregiver Recognition Benefit...](#)

Veterans Independence Program

This [PDF chart](#) shows the maximum VIP amounts.

[Read more about the Veterans Independence Program...](#)

Clothing Allowance

Grade	Amount
1	\$241.13
2	\$192.86
3	\$144.69
4	\$96.41
5	\$85.67
6	\$69.64
7	\$64.27
8	\$53.53
9	\$42.89
10	\$26.73

The Clothing Allowance is provided if you are receiving a disability benefit for a condition that causes wear and tear on your clothing or requires you to wear specially-made clothing.

Pain and Suffering Compensation

Extent of disability (%)	Monthly benefit	Lump sum amount
5	\$64.85	\$21,100.09
20	\$259.40	\$84,400.38
40	\$518.80	\$168,800.75
60	\$778.21	\$253,201.13
80	\$1,037.61	\$337,601.50
100	\$1,297.01	\$422,001.88

View the complete [Pain and suffering compensation rate table](#).

Read more about [Disability benefits...](#)

Income Replacement Benefit

This income replacement provides 90% of your gross pre-release military salary while you are participating in Rehabilitation services. This ensures a pre-tax income of at least \$54,812.92 per year.

[Read more about the Income Replacement Benefit...](#)

Canadian Forces Income Support

Maximum per month		
Veteran or Survivor	Veteran with Spouse/Partner	Additional amount
\$1,952.97	\$2,876.21	

[Read more about the Canadian Forces Income Support...](#)

War Veterans Allowance

Maximum per month			
Veteran or Survivor	Veteran or Survivor (blind)	Veteran with Spouse/Partner	Veteran with Spouse/Partner (both blind)
\$1,952.97	\$2,022.90	\$2,876.18	\$2,945.18

Important note to Veterans and qualified civilians:

If you had wartime service and your income is higher than the maximum level because you or your spouse/common-law partner receive OAS benefits, in certain cases, you may qualify for [treatment benefits](#).

[Read more about the War Veterans Allowance...](#)

Disability Pension

Class	Monthly Rate		Additional Month	
	Single	Spouse	One Child	Second
1	\$3215.80	\$803.95	\$418.05	
5	\$2572.64	\$643.16	\$334.44	
10	\$1768.69	\$442.17	\$229.93	
15	\$964.74	\$241.19	\$125.42	
20	\$160.79	\$40.20	\$20.90	

[Read more about the Disability Pension...](#)

[View the complete Disability Pension rate tables](#)

Exceptional Incapacity Allowance

Grade	Amount
1	\$1,702.35
2	\$1,418.59
3	\$1,134.89
4	\$851.25
5	\$567.47

[Read more about the Exceptional Incapacity Allowance...](#)

Additional Pain and Suffering Compensation

Grade	Monthly amount
1	\$1,691.76
2	\$1,127.84
3	\$563.92

[Read more about the Additional Pain and Suffering Compensation...](#)

Critical Injury Benefit

The Critical Injury Benefit is a \$84,203.16 tax-free lump-sum award to address the immediate impacts of the most severe and traumatic service-related injuries or diseases sustained by Canadian Armed Forces members.

[Read more about the Critical Injury Benefit...](#)

Death Benefit

The death benefit is a one-time, tax-free amount of \$422,001.88 paid to a spouse or common-law partner and any dependent children if a CAF member dies while in service.

[Read more about this assistance...](#)

Education Training Benefit

This program offers funding for college, university, technical education or short-term programs.

Years of Service (authorized paid days)	Maximum Amount
6 years	\$46,196.15
12 years	\$92,392.30

You can use \$5,774.51 of this benefit to participate in **one-time short courses** aimed at certification, professional designations, or professional development.

[Read more about the Education Training Benefit...](#)

Health-related travel

If you have a VAC Health Identification card you may qualify to have some or all your health-related travel costs covered. This can include transportation, parking, meals, lodging, out of province travel and, when required, an escort (someone to accompany you when travelling to receive treatment).

Current escort fee (maximum rates payable)

Time	Amount
Full day	\$133.99
Half-day (4 hours or less)	\$67.00

[Read more about health-related travel expenses...](#)

IN THE MEDIA

'Sense of relief': Veteran-led lawsuit against feds could mean multi-million-dollar payout

Ottawa commits to honouring all-Black battalion that served during First World War

Forces armées canadiennes: des changements en cours, mais lents à se concrétiser

Canadian MPs arrive in Israel for solidarity trip as tensions between Trudeau and Netanyahu remain high

Canada's Leopard 2 tanks arrive in Latvia to bolster growing NATO mission

Les restrictions financières menacent les capacités de l'armée, dit le général Eyre

Canadian military colleges review 'about to be launched,' new report says

Changing Armed Forces policies is slow and labour-intensive, external monitor says

Quand Churchill et Roosevelt se sont rencontrés à Québec en 1943 et en 1944

14 Wing Greenwood — [The Aurora](#)

22 Wing North Bay — [The Shield](#)

4 Wing Cold Lake — [The Courier](#)

CFB Esquimalt — [The Lookout](#)

CFSU Ottawa — [The Guard](#)

CFB Shilo — [The Shilo Stag](#)

19 Wing Comox — [The Totem Times](#)

17 Wing Winnipeg — [The Voxair](#)

CFB Halifax — [The Trident](#)

CFB Edmonton — [The Western Sentinel](#)

CFB Valcartier — [The Adsum](#)

CFB Kingston — [Garrison News](#)

CFB St Jean — [The Servir](#)

3 Wing Bagotville — [The Vortex](#)