

Media Report 22 Sept 2023

This weeks media reports will cover and answer great questions veterans are still asking and local Media Articles and An illness or injury can have an impact on your ability to adjust to life after service. We all need healthcare services. The Treatment benefits program provides coverage for a variety of benefits and services to help you get—and stay healthy

Disability benefits

Quick links

- 1.

Do you have an illness or injury from your service? Disability Benefits are financial recognition for the impact this service-related injury or disease can have on your life.

A disability benefit is a tax-free, financial payment to support your well-being.

The amount you receive depends on the degree to which your condition is related to your service (entitlement) and the severity of your condition, including its impact on your quality of life (assessment).

To qualify for a **disability benefit** you must be one of the following:

- Canadian Armed Forces member or Veteran,
- a current or former member of the Royal Canadian Mounted Police (RCMP),

- Second World War or Korean War Veteran (includes Merchant Navy), or
- certain civilians who served in the Second World War.

You should apply for a disability benefit if you:

1. have a diagnosed medical condition or disability; and
2. are able to show that the condition is related to your service.

If you qualify for a disability benefit, you will receive either a:

1. **Pain and suffering compensation** – a life-time monthly benefit or lump sum benefit – the choice is yours.
 - View the [pain and suffering compensation rates](#).
 - [View all](#) Pain and Suffering Compensation FAQs.
2. **Disability pension** * - a life-time monthly benefit. If you have any dependents (e.g. spouse, common-law partner and/or children), your monthly amount will be increased.
View the [disability pension rates](#).

* A disability pension is provided if you served with the Canadian Armed Forces (CAF) in the Second World War or Korean War. For other CAF service, a disability pension is provided in relation to any application prior to April 1, 2006.

How to apply

Apply online

Apply online through My VAC Account. Applying is easier with a guided form. Sign in or register for My VAC Account.

[My VAC Account](#)

Mail or in person

Download the application form. Then, drop it off at any [VAC office](#), [CAF Transition Centre](#) or [Service Canada office](#). You can also mail your completed form directly to the address listed on the form.

[Go to form](#)

Get help with your application

The staff at any [VAC office](#), [CAF Transition Centre](#) or [Service Canada office](#) can assist you or call us at 1-866-522-2122. Service Officers with [The Royal Canadian Legion](#) or [The War Amps of Canada](#) can also assist you with your application, including helping you get all of the information you need to support your application. Their assistance is free of charge.

If you received a benefit from VAC between 2003 and 2010 and it was under the Pension Act, you may receive a corrective payment because of a discrepancy in our calculations. **Most payments are automatic**, however, Please [contact us](#) at 1-866-522-2122 if:

- You no longer receive a benefit from VAC, or
- You represent the estate of a deceased recipient.

If you are legally entitled to inherit assets from the estate of a deceased recipient, you may [apply to receive a corrective payment](#) if you are eligible.

The application package – learn more about all of the components that make up an application for a disability benefit.

How we review a claim for a disability benefit – learn more about how your disability claim is reviewed by the department and particularly, by the adjudicator – a trained decision-maker for disability claims.

Disability Pension Corrective Payment - If you are legally entitled to inherit the assets of a deceased benefit recipient, you may apply to receive the corrective payment.

Monthly payment dates - 2023

- January 30
- February 27
- March 30
- April 27
- May 30
- June 29
- July 28
- August 30
- September 28
- October 30
- November 29
- December 21

Reviews and appeals

If you do not agree with the decision made regarding your application for disability benefits, you may request a Departmental review. Learn more about [reviews and appeals](#).

Reassessment

If the disability for which you are receiving VAC benefits worsens and medical evidence can show this change in your condition, you can request a reassessment. If the reassessment confirms that your condition has worsened, your disability benefit, will be adjusted accordingly – unless you are already receiving the maximum amount of the benefit. To request a reassessment, your first step should be to call us or visit your local VAC office.

Tools for Adjudication

Eligibility Entitlement Guidelines – These guidelines are current medical and scientific descriptions of known injuries and diseases related to service.

Table of Disabilities – This table helps the adjudicator assess the level of impairment and the impact that impairment has on your quality of life.

Related programs

Critical injury benefit - A one-time payment that recognizes the immediate impact of the most severe and traumatic service-related injuries or diseases.

Rehabilitation services - Services to improve your health and adjust to life after service.

Clothing allowance - Monthly payments if you need new or special clothing due to your health issues.

Treatment Benefits – Coverage for medical and health related services.

Benefits for survivors – Financial support or compensation for the survivors of a disability pensioner or of a member or Veteran who died in service or as a result of a service-related illness or injury.

Financial advice - If you receive a lump-sum payment more than 5% of the current maximum, we can pay up to \$500 for professional advice to help you manage your money effectively.

Additional pain and suffering compensation - Monthly payments in recognition of any severe and permanent disability, related to your military service, which creates a barrier to life after service.

Guided support – Sometimes life situations can be challenging. When the challenge is too much to handle independently, Guided Support services can help you and your family.

Programs related to a disability pension:

Attendance allowance - Monthly payments for a disability pensioner whose health needs require daily personal care support.

Exceptional incapacity allowance - Monthly payments if your illness or injury impacts your quality of life.

Disability tax credit (DTC)

The DTC helps reduce the income tax that people with physical or mental impairments, or their supporting family members, may have to pay. It aims to offset some of the costs related to the impairment. Learn more about this non-refundable tax credit available through the [Canada Revenue Agency](#).

If I apply for the benefit and get declined, can I appeal?

Yes. If you are not satisfied with a decision you may apply in writing for a review. Learn more about [your review and appeal options](#).

How is my request for Disability Benefits decided?

Learn more about [how we review a disability benefit claim](#).

Are there policies for this program?

Yes. Read more about the [Disability Benefits](#) policies.

IN THE MEDIA



[Ammunition to be detonated at CFB Borden in a training exercise](#)

CTV News

Ammunition will be detonated at CFB Borden over the course of the next week. Soldiers from the Canadian Forces Logistics Training Centre, who are studying for the ammunition technician rank, will be conducting controlled detonations at CFB Borden until Sept. 19 (excluding weekends) between the hours of approximately 8:00 a.m. to 5:00 p.m. [Read More](#)

[Quilt of Valour presented to Ret'd Sapper Curtis Bond](#)

Kimberley Bulletin

It was a real pleasure wrapping a Quilt of Valour around Ret'd Sapper Curtis Bond. Curtis served with the Canadian Armed Forces Combat Engineers. After being medically released he used his military training in the Ukraine. He continues to do humanitarian work. We are so proud of you Curtis and "thank you for your Service, then and now." [Read More](#)

[Settlement finalized in \\$283M disabled veterans class action, but benefits policy changed](#)

CBC News

The first of thousands of injured Canadian military veterans are set to soon begin receiving disability payment top-ups under a \$283 million class-action settlement, but policy changes mean no newly discharged members will be entitled to the extra benefits. [Read More](#)

[Le Canada et ses alliés prennent part à un exercice militaire au large de la N.-É.](#)

Radio-Canada

Un exercice militaire de grande ampleur se tient jusqu'au 22 septembre au large de la Nouvelle-Écosse. « Je suis très fière d'accueillir l'exercice Cutlass Fury 2023," indique la contre-amirale Josée Kurtz, commandante des Forces maritimes de l'Atlantique et de la Force opérationnelle interarmées. "Il s'agit d'une excellente occasion pour nos marins, nos soldats et nos aviateurs canadiens de s'entraîner dans un environnement de préparation élevée avec nos alliés. » [Lire Plus](#)

['We could hear the burning': Canada's top soldier remembers the Battle of Medak Pocket](#)

CBC News

It is sometimes called Canada's "forgotten battle." Thirty years ago this week, Canadian soldiers on a peacekeeping mission fought a pitched battle against Croatian forces near the village of Medak in the former Yugoslavia. Military members marked the anniversary of the Battle of Medak Pocket with a low-key ceremony at the national peacekeeping memorial in Ottawa, a commemoration not attended by any government ministers. [Read More](#)

[Government of Canada honours Indigenous soldiers in the Netherlands](#)

Cision

The full story of Canada's long military history includes many contributions from First Nations, Inuit and Métis people. They sacrificed so much to safeguard our peace and freedom — we owe it to them to ensure they get the recognition they deserve. [Read More](#)

'Wherever Canada fought, Sarnia was there': New book on war stories

Sarnia & Lambton County This Week

A new book telling the stories of 24 Sarnia-area residents who served in the military during conflicts overseas will be launched this month. The book, *Valour Remembered: Sarnia-Lambton War Stories*, was researched and written by Tom Slater and Tom St. Amand, both retired teachers from Sarnia. The new book follows their work with the Sarnia War Remembrance Project. [Read More](#)

Inauguration du monument en mémoire du soldat Michel Jr. Lévesque à Sainte-Véronique

L'info de la Lièvre

Tous les citoyens sont invités à la cérémonie d'inauguration du monument en mémoire du soldat Michel Jr. Lévesque le 24 septembre à 13 h, à la plage qui porte son nom, au 298 rue de la Plage dans le secteur Sainte-Véronique. Il y a juste un mois que sa mère, Elisabeth, a collé la plaque commémorative sur le socle de l'œuvre de l'artiste Denis Sergerie. [Lire Plus](#)

GranFondo inspiring military, Invictus cyclists

CFB Esquimalt Lookout

The steep hills of the scenic RBC GranFondo Whistler course aren't keeping one Invictus Alumni from participating in this year's GranFondo. Major (Maj) Patrick Lévis of Esquimalt's Canadian Armed Forces (CAF) Transition Group, who uses a wheelchair, says he's looking forward to competing in the Invictus category at this year's event despite the steep hills. [Read More](#)

Their job is identifying Canadian fallen soldiers discovered in French battlefields. They're about to get really busy

Toronto Star

The construction of a 106-kilometre canal that will cut through First World War front-lines has

Canada and other combatant countries bracing for the discovery, recovery, identification and proper burial of hundreds of additional fallen soldiers in the coming years. [Read More](#)

[Read more FAQs](#) about the disability benefits program.

14 Wing Greenwood — [The Aurora](#)

22 Wing North Bay — [The Shield](#)

4 Wing Cold Lake — [The Courier](#)

CFB Esquimalt — [The Lookout](#)

CFSU Ottawa — [The Guard](#)

CFB Shilo — [The Shilo Stag](#)

19 Wing Comox — [The Totem Times](#)

8 Wing Trenton — [The Contact](#)

CFB Petawawa — [The Petawawa Post](#)

17 Wing Winnipeg — [The Voxair](#)

CFB Halifax — [The Trident](#)

CFB Edmonton — [The Western Sentinel](#)

CFB Valcartier — [The Adsum](#)

CFB Kingston — [Garrison News](#)

CFB St Jean — [The Servir](#)

3 Wing Bagotville — [The Vortex](#)**Base/Wing —
Newspaper**

CFB Borden — [The Citizen](#)

Base Gagetown — [Gagetown Gazette](#)